

**Mary Kate Henderson, MOT/S**  
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## **CAREER OBJECTIVE**

A position as an occupational therapist.

## **EDUCATION**

Master of Occupational Therapy, Projected May 2018  
University of Tennessee Health Science Center, Memphis, TN

Bachelor of Science, Recreation and Sports Management, August 2015  
Concentration: Therapeutic Recreation  
University of Tennessee, Knoxville, TN  
Honors: Magna Cum Laude

## **LEVEL II FIELDWORK EXPERIENCE**

*Le Bonheur Children's Hospital, Memphis, TN, January – March 2018*

- Provided OT services to children in inpatient acute care setting and pediatric outpatient clinic. Services included:
  - Evaluation, treatment planning and implementation with the client, family, and interdisciplinary team, individual therapy, daily SOAP notes, re-evaluations, and short-term goal assessments.
  - Administered Bruininks-Oseretsky Test of Motor Proficiency (BOT-2), Peabody Developmental Motor Scales (PDMS-2), and Sensory Profile-2 standardized assessments.
  - Presented an in-service to staff members on using a multi-faceted approach for children who have differences in sensory processing and integration.

*Park Center Transitional Youth Center, Nashville, TN, October – December 2017*

- Provided OT services to young adults at a behavioral health community center. Services included:
  - Evaluation, treatment planning and implementation of group therapy sessions, and writing weekly group protocols and weekly SOAP notes.
  - Facilitated occupation-based groups on topics such as, relaxation strategies, financial planning, and assertiveness.
  - Assisted staff in implementing cookie jar making for a facility fundraiser.

*Methodist North Hospital, Memphis, TN, July – September 2017*

- Provided OT services to adults in inpatient acute care setting and outpatient rehabilitation services. Services included:
  - Evaluation, treatment planning and implementation with the client and interdisciplinary team, individual therapy, daily SOAP notes, and discharge planning.

- Administered and scored Texas Functional Living Scale (TFLS) standardized assessment for adults in outpatient rehabilitation hospital.
- Created a card game activity to work on standing tolerance, dynamic sitting/standing balance, BUE ROM/strength, fine motor skills, and cognition for adults in outpatient rehabilitation unit.

### **LEVEL I FIELDWORK EXPERIENCE**

St. Francis Hospital, Memphis, TN, March 2017

Shelby County School System, Memphis, TN, September 2016

Benchmark Physical Therapy, Hoschton, GA, March 2016

### **WORK EXPERIENCE**

Research Assistant, Early STEPS Grant Funded Program, UTHSC, Memphis, TN, June 2016 – June 2017

Recreation Therapist, PRN, Lakeside Behavioral Health System, Memphis, TN, August 2015 – December 2015

### **CERTIFICATIONS**

American Heart Association BLS CPR/AED certified, May 2017 – May 2019

### **COMMUNITY INVOLVEMENT**

Hope Bridge Program, 2016-2017

- Assisted adults with disabilities with leisure activities

Memphis Joy Prom, 2016-2017

- Volunteered as a “host” to assist young adults during their spring prom

### **LEADERSHIP EXPERIENCE**

LEND Trainee, The BCDD Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program through UTHSC, January 2018-April 2018

Level II Fieldwork Panel Member, Level II Fieldwork Panel at TNOTA Conference, October 2017

Social Activities Chair, Student Occupational Therapy Association Executive Member, April 2016 – May 2018

### **PROFESSIONAL AFFILIATIONS**

American Occupational Therapy Association Member, January 2016 - Present

Tennessee Occupational Therapy Association Member, January 2016 - Present

Student Occupational Therapy Association, January 2016 – Present

References available upon request.